mind Darlington

A-Z of Fundraising Ideas!

A – Afternoon Tea

Host a traditional afternoon tea with cakes, sandwiches, and a relaxing atmosphere. Ask for donations or charge a small entry fee.



B – Bake sale

Whip up some cakes, brownies or biscuits and sell them at work, school, or to your neighbours.



C – Charity Walk

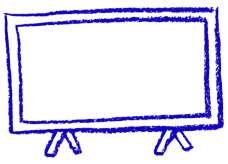
Go for a walk – solo or with mates – and get sponsored. You can do it in a park, along the coast, or just around town.

D – Dress Down Day

Keep it casual! Wear comfy clothes or pyjamas for the day for a donation.

E – Early Morning Dip

Brave a cold water swim – sea, lake or even an outdoor pool. Get sponsored to take the plunge!



F – Film Night

Pick a feel-good movie, grab some popcorn, and invite people over (or do it online). Ask for donations to join.



G – Games Night

Get your favourite board games or video games out and host a friendly competition. Ask for donations to take part.

H – Home Spa Day

Invite friends for a relaxing DIY spa afternoon – face masks, nails, and herbal tea. Ask for a donation to join.

I – Ice Bucket Challenge

A classic – tip a bucket of ice water over your head and ask friends to sponsor you (or join in!).



J – Jumble Sale

Collect good quality items and host a community jumble sale. Great way to recycle and raise money.

K – Karaoke Night

Sing your heart out at home, in a pub, or online. Ask for donations per song or dare your friends to duet.

L – Litter Pick

Spend an hour cleaning up your local area – a park, beach or street. Get sponsored per bag you collect.

M – Mindfulness Challenge

Daily mindfulness, yoga, journaling, or gratitude. Raise sponsorship as you go.



N – No Phone Challenge

Switch off your phone for a few hours (or the day!) and ask people to sponsor you to stay unplugged.



O – Open Mic Night

Invite local talent to share poetry, music, or comedy. Charge a small fee or ask for donations at the door.

P – Pamper Evening

Offer relaxing activities like facials, massages, or nail painting. Collaborate with local therapists or salons to host the event.

Q – Quiz Night

Host a quiz at a local pub or online. Charge for entries and have a prize winning raffle.



R – Read-a-Thon

Get sponsored per page or book.

S – Sponsored Silence

Stay silent for a few hours as a mindful act – and raise funds while promoting awareness.

T – Talent Show

Organise a local talent show featuring singing, dancing, or comedy. Charge for entry or sell tickets.

U – Upside Down Challenge

Do something upside down – like a handstand, headstand, or even just wearing your clothes backwards for the day!

V – Volunteer Your Skills

Offer to help someone for a day – dog walking, babysitting, DIY – and ask for a donation to your fundraising page.

W – Wear Something Wild

Dig out your boldest, silliest, or most colourful outfit and wear it all day! Collect donations for the laughs.

X – eXpress Yourself

Get creative – paint, draw, write, sing, whatever you enjoy – and share your creation online with a donation link.



Y – Yes Day

Say "yes" to challenges, dares, or requests from friends (within reason!) – and get sponsored to complete them.

Z – Zero Waste Day

Try to go a whole day without making any waste – no plastic, no disposables. Ask people to support your eco-effort.

Need any help? Contact us today!

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